

IFBB SET-UP SHEET

NAME: _____

DATE: _____

TRACK: _____

EVENT: _____

TRACK			
SIZE	☐ SMALL	☐ MEDIUM	☐ LARGE
TRACTION	☐ LOW	☐ MEDIUM	☐ HIGH
CONDITIONS	☐ SMOOTH	☐ GROOVED	☐ BUMPY
	☐ WET	☐ DUSTY	☐ LOAMY

COMMENTS

FRONT

Upper Arm Position

Steer. Stopper

☐ 32 deg.

☐ 35 deg.

Front Weight

g

Arm Block

A

B

Upper Arm Position

E Arm Block

Ackermann

Steering Rack

Caster Spacer

Spacer

Chassis Brace

☐ LONG BRACE

☐ SHORT BRACE

Spacer

Hex

☐ STANDARD

mm

Sway bar

mm

Toe angle

deg

- +

REAR

Wing Height

☐ HIGH

☐ MEDIUM

☐ LOW

Upper Arm Position

Rear Weight

g

Arm Block

C

D

Upper Arm Position

Hex

☐ STANDARD

mm

Sway bar

mm

Rear Hub Position

Hub Spacer

mm

Camber Angle

deg

- +

Spacer D block

mm

Spacer C block

mm

FRONT	SHOCKS	REAR
	OIL	
	SPRING	
	PISTON	
	MEMBRANE	
	EMULSION	

DIFFS OIL GRADE		
FRONT	CENTER	REAR

ENGINE
TYPE:
PIPE:
MANIFOLD:
PLUG:
RESTRICTOR:
FUEL:

RIDE HEIGHT
REAR: mm FRONT: mm

CLUTCH & GEARING	
SPUR GEAR:	BELL:
SHOES:	
SPRING:	

BODY & WING
BODY:
WING:

DOWNSTOP
Down Stop = (B + 6 mm) - A A B Down Stop The down stop value is the distance between the chassis and the wheel hex axle. Negative droop values means the wheel hex axle is below the chassis level. FRONT: mm REAR: mm

TIRES
TIRE:
INSERT:
WHEEL: